



# Questions to ask your doctor about Kidney Disease

Your doctor has the training and experience to tell you everything you need to know to manage your kidney disease. But sometimes starting the conversation can feel intimidating. When you're unsure how to begin, just remember that no question is a stupid one when it comes to your own health.

**If you want to talk to your doctor about a treatment option such as home hemodialysis, the following questions should help you get started. Begin by discussing why you are interested in it and then you might ask:**

1. What are the benefits of more frequent home hemodialysis?
2. What are the risks of home hemodialysis? How safe is it?
3. What is the difference between home hemodialysis and in-center dialysis?
4. How do I get started with home hemodialysis? Where do I go?
5. How long are home hemodialysis treatments?
6. Will I be able to travel?
7. Will I have to do the treatments on my own or will I have help?
8. Who should I select as my care partner?
9. What else should I know about home hemodialysis?
10. What therapy would you choose for yourself if you had kidney failure?
11. Would you recommend home hemodialysis for me?
12. If so, when I can start it?

After you talk with your doctor, make sure you make a plan for a next step. If you would like to try home hemodialysis, find out when you can start training.

**For more information on home hemodialysis and the System One make sure to visit**  
[www.nxstage.com](http://www.nxstage.com)