Questions to ask your doctor about your home dialysis

Your doctor has the training and experience to tell you everything you need to know to manage your kidney disease. But sometimes starting the conversation can feel intimidating. When you’re unsure how to begin, just remember that no question is a stupid one when it comes to your own health.

If you want to talk to your doctor about a treatment option such as home hemodialysis, the following questions should help you get started. Begin by discussing why you are interested in it and then you might ask:

1. What are the benefits of more frequent home dialysis?
2. What are the risks of home dialysis? How safe is it?
3. What are the difference between home dialysis and in-center dialysis?
4. How do I get started with home dialysis? Where do I go?
5. How long are home dialysis treatments?
6. Will I need to undergo any kind of procedure?
7. Is this covered by insurance?
8. Are their any limitations to home dialysis?
9. Will I be able to travel?
10. Will I have to do the treatments on my own or will I have help?
11. What happens if something goes wrong during a home treatment?
12. What else should I know about home hemodialysis?
13. What therapy would you choose for yourself if you had kidney failure?
14. Would you recommend home dialysis for me?
15. What are my different options for treating at home?